



Soothing & Relaxing Face Mask

Does holiday stress leave you feeling drained and frantic at the same time? Remember to take some time for self-care that can rejuvenate your soul. We love how silky smooth our skin feels after using this mask and a few minutes of relaxing does wonders for the soul too!

French Rose Clay helps to detoxify your skin by drawing out the impurities and rejuvenates by making pores appear smaller and finally tighten and tone skin. Jojoba oil softens and moisturizes skin but won't clog pores. Geranium essential oil relieves tension, balances emotions to promote mental clarity. Rose Geranium Hydrosol has these same properties and eases tension to lift spirits while revitalizing skin cells. CBD oil helps to relieve tension and calm, the ultimate relaxing ingredient in this face mask! These ingredients come together to make the most soothing and relaxing face mask.

Skill Level: Easy

Duration: 5 minutes

Makes: 2 Uses

Ingredients:

- 2 TBSP - Rose Clay
- 1 tsp - Jojoba Oil
- 1 ml - CBD Sour Lifter
- 4 drops - Geranium Essential Oil
- 1 TBSP - Rose Geranium Hydrosol
- 5 drops - Preservative (if not using right away)

Equipment:

- Mini Spoon
- Measuring Spoon
- Mixing Container
- Pet Jar or Other Container to store

Instructions:

1. Gather all ingredients and equipment in a clean area.
2. Add all ingredients to the mixing container and mix with a spoon until all ingredients are fully incorporated.
5. Ready to use!